



# Womb Healing & Awakening Practitioner Certification

Levels I, II & III

*with*

*Diana Beaulieu*

Womb Awakening Mentor  
Modern Medicine Woman

[www.sacredwomanawakening.com](http://www.sacredwomanawakening.com)



# *Level 1: Womb Awakening Practitioner*

## **Intensive Online Training**

### **LEVEL 1: 4 MONTHS (60 hours)**

**Learn to transmit foundational Womb Awakening practices & get extensive teaching on how to hold sacred space as a facilitator working 1-1 with your clients. Integrate Womb Awakening into your existing practice as you learn.**

Your weekly commitment is 3.5-4 hours per week in a combination of live calls, play on demand video trainings, self-study of course manuals, 1-1 facilitation practice and monthly self-assessment reports.

**LIVE CALL HOURS: 24**  
**VIDEO TRAINING HOURS: 6**  
**SELF STUDY HOURS: 30**

# Month 1: Foundations of Womb Awakening Foundations of Effective Facilitation

## *Foundations of Womb Healing*

The Womb As The Primary Feminine Centre Of Consciousness

Introduction: the multi-dimensional layers of Womb Healing:

Physical / Emotional / Energetic / Ancestral / Intuitive / Shamanic

Introduction: the Complete Healing Journey of the Womb

From Wounded to Whole Woman through the Womb

Bonus Training: Common Health Conditions Affecting The Womb

*Facilitate deep transformation in your clients through authentic leadership and facilitation skills.*

Stepping Into Surrendered Feminine Leadership And Service

Embodying Empowered Vulnerability And Authenticity

Teaching Through Transmission And Example - Being What You Teach

Setting Sacred Boundaries Of Self-Responsibility And Self-Care

Cultivate Sacred Feminine Presence Through The Womb

## **Month 2: Physical Connection To The Womb**

The Importance Of The Womb And Pelvis As Our Foundation Of Physical, Creative, Sexual And Spiritual Power

Experiential General And Reproductive Anatomy And Physiology

Dissolving Bioenergetic Blocks Through Breath, Movement And Awareness

Breath Techniques For Nourishing And Activating The Womb

Activating The Three Centres Of Feminine Power: Pineal Gland, Heart And Womb

## **Month 3: Activating The Womb's Intuition**

Establishing An Intuitive Connection To The Womb

Listening To The Stories Of The Womb

Safe Space For Unconsciously Held Trauma To Be Revealed

## **Month 4: Quantum Energy Techniques To Heal The Womb**

Harnessing The Power Of Intention And Healing Energy

Clearing Emotions Including Shame, Guilt And Fear

Clearing Trauma Imprints Including Sexual Trauma, Birth Trauma

And Abortion / Miscarriage

## *Facilitation Skills Training*

Creating A Safe Physical, Emotional And Energetic 1-1 Container For Womb  
Awakening & Healing

Creating And Sharing Guidelines For Safe Sharing And Listening

Help Your Clients Overcome Resistance To Their Own Healing

Guiding Participants Into Sacred Intention

Guiding Intuitive Journeys Into The Womb

Validating Different Intuitional Modes And Ways Of Knowing

Deep Listening Skills

## *Personal Journeywork And Womb Awakening Integration*

Integrating The Womb Awakening Process Physically And Emotionally

Journal Your Individual Journey Through Womb Awakening And Healing

Overcome Personal Obstacles And Challenges In The Journey To Sacred Feminine Power

**Certification: Level 1: Womb Awakening Practitioner**



## *Level 2: Womb Healing Practitioner*

**Intensive Online Training**

### **LEVEL 2: 8 MONTHS (120 hours)**

**Learn to facilitate advanced Womb Healing practices & get extensive teaching on how to hold sacred space as a facilitator working 1-1 with clients, plus an introductory to group work. Set up your own Womb Healing practice or deepen your integration of Womb work into your existing practice.**

Your weekly commitment is 3.5-4 hours per week in a combination of live calls, play on demand video trainings, self-study of course manuals, 1-1 facilitation practice and monthly self-assessment reports.

**LIVE CALL HOURS: 48**  
**VIDEO TRAINING HOURS: 12**  
**SELF STUDY HOURS: 60**



## **Month 5: Healing Sexual / Masculine Wounding**

Introduction To Masculine And Feminine Dynamics Of Sexual Wounding

Clearing Imprints Of Sexual / Emotional Wounding From The Masculine

Calling In The Divine Masculine & Mature King Energy Through The Womb

Facilitation Practices And Exchange

## **Month 6: Introduction To Working With Trauma**

Defining The Limitations And Parameters Of Womb Work:

In Mental Health And Trauma Resolution

Breathwork For Sexual Trauma Release

Anger & Emotional Release From The Body

### *Limitations And Liability In Womb Awakening Work*

Screening Potential Womb Awakening Clients & Students

Clearly Setting The Limitations Of Your Work And Your Role

Referral Or Recommendation To Other Healing Professionals

When Womb Awakening Work Is Not Suitable For A Client / Student:

Psychological Factors - Emotional Factors - Health Factors

## **Month 7: Healing The Distorted Feminine**

The Distorted Feminine Archetype: Hollow Woman

Shamanic Soul Retrieval To Heal Feminine Trauma

Activating The Divine Feminine In The Womb

## **Month 8: Healing The Mother Line**

Creating A Shamanic Space For Ancestral Healing

Working Safely With Ancestral Spirits

Healing Trauma Imprints In The Multi-Generational Maternal Line

Healing The Future Lineage Of Our Descendants

Calling In The Energy Of The Original Ancestor - Woman Before Trauma

Bonus Trainings - Introduction To Group Work

## **Month 9: Sacred Boundaries**

Creating Sacred Womb Boundaries

Defining Healthy Sexual And Personal Boundaries Through Womb Energy

Energetics Of The Drama Triangle: Victim, Perpetrator & Saviour

Clearing Patterns Of Energetic Invasion And Energetic Leakage

Reclaiming The Sacred Temple Of The Womb



## **Month 10: Healing Co-Dependency**

Healing Vampirism And Co-Dependency

Clearing Energetic Entanglements In The Womb

Releasing Saviour And Victim Patterns

Releasing Co-Dependent Relationships:

Parent-Child / Sexual Partners / Client - Practitioner And More

## **Month 11: Advanced Pregnancy / Birth / Abortion Healing**

Womb Healing For Conception & Pregnancy

Clearing Spiritual Attachments In Case Of Abortion / Miscarriage / Stillbirth

Clearing Karmic Attachments In The Womb

## **Month 12: Earth - Womb - Heart Connection**

Reconnecting To The Mother Earth Through The Womb

Physically, Emotional And Energetic Integration With The Earth

Connecting The Heart And Womb Centres

## Included In Level 2:

### *Advanced Facilitation Mentoring*

Adapting Your Facilitation To Different Learning Styles

Holding Safe Space For Shadow Work, Trauma And Catharsis

Challenge Victimised Perspectives And Dissolve The Inner Victim

Challenging Disassociation And Avoidance In Clients

### *Healing Reactions And How To Manage Them*

How To Manage Healing Crises Within A Group Context And With 1-1 Clients

### *Possible Effects And Outcomes Of Doing Womb Work Including:*

Healing Crises

Catharsis

Trauma Memory Release

### *Integrate Womb Awakening With Existing Modalities And Practices*

Integrate Womb Awakening Into Your Existing 1-1 Therapeutic Practice

Integrate Womb Awakening Into Your Existing Movement Practice (Where Applicable)

### *Personal Journeywork And Womb Awakening Integration*

Integrating The Womb Awakening Process Physically And Emotionally

Journal Your Individual Journey Through Womb Awakening And Healing

Overcome Personal Obstacles And Challenges In The Journey To Sacred Feminine Power

## Level 2 Marketing Manuals & Workbooks

### *Finding Your Ideal Womb Awakening Facilitation Format*

Practical And Professional Considerations When Choosing Your Teaching Format

Recommended In-Person Formats For Teaching Womb Awakening (Courses And Retreats)

Pros And Cons Of Intensive Vs Weekly Courses

Pros And Cons Of In Person And Online Teaching

How To Define The Ideal Group Size For Your Work

Offering Womb Awakening As A 1-1 Coaching Format

### *Pricing Your Offerings*

Price Guidelines For Womb Awakening Program Formats

Price Guidelines For Your Trainee Practitioner Offering

### *Marketing Your Womb Awakening Practice*

Defining The Key Benefits Of Womb Awakening Work

Publicising Your Womb Awakening Programs Online

Using Social Media To Fill Your Courses

The Power Of Testimonials

Defining Your Ideal Students And Clients

Where To Find And Attract Clients

## *Ethics Of Marketing*

Making Authentic And Realistic Claims About Womb Awakening Work

What Womb Awakening Work Should Never Be Claimed To Do

**Certification: Level 2: Womb Healing Practitioner**



*Level 3 : Advanced*  
*Shamanic Womb Practitioner*

**Intensive Online Training**

**LEVEL 3: 6 MONTHS (90 hours)**

Learn to facilitate shamanic journeys into the Womb for the purposes of healing, divination and manifestation. Empower your clients on the ultimate feminine spiritual path for finding inner truth, wisdom, guidance, healing and achieving aligned manifestation.

Your weekly commitment is 3.5-4 hours per week in a combination of live calls, play on demand video trainings, self-study of course manuals, 1-1 facilitation practice and monthly self-assessment reports.

**LIVE CALL HOURS: 36**  
**VIDEO TRAINING HOURS: 9**  
**SELF STUDY HOURS: 45**

## Month 13 - Initiation Into The Shamanic Space Of The Womb

*The Womb as a magical centre of consciousness*

The Womb As Our Portal To The Earth And The Cosmos

The Black Light - the Divine Feminine Frequency

Initiation into Black Light Journeying

Shamanic Journeying with the Drum

*Introduction To Womb Journeys:*

The Inner Sacred Woman Or Wise Woman

Dissolving Into The Black Light - The Journey Of Innana

The Fountain Of Sacred Creation - Manifestation

## Month 14 - The Journey Of Innana: Clearing The Womb

The Descent of Innana - allegory for our spiritual evolution

Black Light journeys for emotional, psychological and spiritual clearing

Resetting the nervous system through Black Light

Leading your clients on clearing journeys in the Womb

## **Month 15 - The Oracular Journey: Divination**

The Womb as the fountain of feminine knowledge and wisdom

Shamanic journeying into the Womb as a tool for divination

The Inner Womb Woman as the source of guidance

Types of divination journey: for healing, relationships & life purpose

Leading your clients into divination journeys in the Womb

## **Month 16 - Divine Feminine Codes: Manifestation**

The Black Light as the source of feminine manifestation

Aligning with soul-centred manifestation

Planting seeds of manifestation in the Womb

The art of receiving through the Womb

Feminine manifestation codes

Leading your clients into manifestation journeys in the Womb

## **Month 17 - Earth Connection & Soul Purpose**



The Heart - Womb - Earth Connection: Deeper Perspectives

Soul Coding Of Incarnation In The Earth

Connecting To The Incarnation Frequency Of Your Soul

Connecting To Earth-Sourced Abundance & Manifestation

Leading your clients into deep Earth & Incarnation connection

## **Month 18 - Healing The Feminine Saviour & Other Shadow Patterns In The Womb**

Feminine Saviour Archetype In Healers / Medicine Women

Scapegoat Archetype In Healers / Medicine Women

Healing These Archetypes To Find Balance / Heal Energetic Stagnation

Clearing The Womb Of Collective Shadow Material / Wounding

Clearing Multi-Lifetime Trauma Imprints

## On-Going Training At Level 3:

### *Integrate Womb Awakening With Existing Modalities And Practices*

Integrate Womb Awakening Into Your Existing 1-1 Therapeutic Practice

Integrate Womb Awakening Into Your Existing Movement Practice (Where Applicable)

### *Individualised Mentoring: Your Unique Facilitation Style And Format*

Bring Your Unique Gifts And Skills To Womb Awakening Work

Defining Your Specialist Area Of Womb Practice

### *Individualised Mentoring: Facilitation & Leadership Support*

Real Life Practitioner Challenges: On-Going Mentoring And Support

### *Shamanic Earth Connection Work*

Create Sacred Space Using Shamanic Clearing And Healing Techniques

Healing The Earth And The Space Where You Work

Clearing Shadow Entities From Your Work Space

## **Additional Bonus Manuals At Level 3**

*Complete Guide To Shamanic Journeying For Beginners*

*Creating Sacred Space - Earth Energy Healing*

**Certification: Level 3: Advanced Shamanic Womb Practitioner**



## YOUR TRAINING INVESTMENT:

Level 1: €1200 (or €333 X 4 months)

Level 2: €2400 (or €333 x 8 months)

Level 3: €1800 (or €333 x 6 months)

**Pay in full for all 3 levels: €5000 (save €400)**

Personalised payment plans available. Please enquire.

# ANY QUESTIONS?

Please email Diana directly at:

[info@sacredwomancoaching.com](mailto:info@sacredwomancoaching.com)

to book a discovery call or to start an email conversation about the training.

## MORE INFORMATION:

<https://www.sacredwomanawakening.com/womb-practitioner-training>