



SACRED WOMB AWAKENING

24 Month Professional Practitioner
Training and Certification

with

Diana Beaulieu

Womb Awakening Mentor
Modern Medicine Woman

www.sacredwomanawakening.com



Curriculum Details

MODULE 1

Sacred Womb Awakening Practitioner Level 1 **Intensive Online Training**

Embark on your own personal Womb Healing Journey as a preparation for Practitioner Training in the intimate container of the training group

During your in-person training with in intimate group of fellow students, you will learn to transmit Womb Awakening practices & get extensive teaching on how to hold sacred space in a women's group or circle.

Enjoy high levels of individualised teaching and intuitive support from Diana including 1-1 shamanic / energy healing sessions



Level 1, Part One: Leadership and Facilitation

Facilitate deep transformation in your clients through authentic leadership and facilitation skills.

Stepping Into Surrendered Feminine Leadership And Service

Embodying Empowered Vulnerability And Authenticity

Teaching Through Transmission And Example - Being What You Teach

Setting Sacred Boundaries Of Self-Responsibility And Self-Care

Facilitation Skills:

Creating The Sacred Intention For Womens Circles And Learning Groups

Establishing The Personal Power, Responsibility And Sovereignty Of Each Participant

Creating A Safe Physical, Emotional And Energetic Container For Womb Awakening

Creating And Sharing Guidelines For Safe Sharing And Listening

Guiding Participants Into Sacred Inner Intention

Guiding Intuitive And Shamanic Journeys

Personal And Professional Boundaries:

Defying The Limitations And Parameters Of Women's Circles And Group Work

Distinguishing Group Work From Therapy

Setting And Maintaining Group Boundaries With Love And Respect

Creating Sacred Space:

Creating A Safe And Healing Space For Women's Circles And Groups

Co-Creating Healing Space With The Energy Of Mother Earth

Space Clearing And Protection

Altar Creation

Use Of Sacred Objects:

Use Of Sacred Ceremonial, Teaching And Healing Tools Including:

Talking Stick, Smudge, Essential Oils, Frequency Holder Crystals, Altar, Drum, Rattles



Level 1, Part Two: Sacred Womb Awakening Practices



**Learn The Fundamental Practices Of Womb Awakening & Healing.
These Include Advanced Quantum Self Healing Techniques, Ancient
Intuitive Practices, And Movement, Voice & Breath Work.**

Physical Connection To The Womb

Breath Techniques For Nourishing And Activating The Womb
Dissolving Bioenergetic Blocks Through Breath, Movement And Awareness

Quantum Energy Techniques To Awaken And Heal The Womb

Red Light Womb Activation
Womb Healing From Sexual Trauma And Wounding
Clearing Toxic Emotions Including Shame, Guilt And Fear
Clearing Womb Grief From Abortions And Miscarriages
Activating The Black Light In The Womb
Black Light Immersion For Feminine Healing

Collective And Multi-Generational Womb Healing

Clearing Distorted Masculine Imprints From The Womb
Ancestral Healing Through The Mother Line
Ancestral Healing Through The Father Line

Reclaiming The Sacred Temple Of The Womb

Creating Sacred Womb Boundaries

Defining Healthy Sexual And Personal Boundaries Through Womb Energy

Dissolving And Releasing Wounded Energetic Patterns:

Victimhood, Vampirism And Co-Dependency

Guiding Intuitive Womb Journeys Including:

- The Inner Sacred Woman Or Wise Woman
 - Union With The Divine Lover
 - The Animal Guide
- Dissolving Into The Black Light - The Journey Of Innana
 - The Fountain Of Sacred Creation

Sacred Womb Practices Including:

Reconnecting To The Mother Earth Through The Womb

Physically, Emotional And Energetic Integration With The Earth

Connecting The Heart And Womb Centres

Sacred Feminine Dance/ Movement

Primal Womb Dance

Basic Restorative Yoga For The Womb And Pelvis

Liberating The Sounds Of The Womb

Sacred Feminine Medicine Songs

Womb Voice Rituals



Module 2

Sacred Womb Awakening Practitioner Level 2

Online Group Classes

The Womb as a magical centre of consciousness

Deepen Into The Cultural And Theoretical Aspects Of Womb Awakening Along With Important Legal And Liability Aspects Of Facilitating The Work.

The Womb As The Primary Feminine Centre Of Consciousness

The Womb As Our Portal To The Earth And The Cosmos

Overview of the Menstrual Cycle as a Spiritual Journey

The Three Feminine Archetypes: Maiden, Mother and Crone

Anatomy and Physiology

The Importance Of The Womb And Pelvis As Our Foundation Of Physical, Creative,
Sexual And Spiritual Power

General And Reproductive Anatomy And Physiology

Overview Of The Menstrual Cycle

Overview Of The Fertility Cycle (Menarche To Menopause)

Common Health Conditions Affecting The Womb

Sexual Abuse And Sexual Crimes

Specific Ways To Work With Sexual Abuse

Ethics & Legal Implications Of Working With Victims Of Sexual Crimes

Limitations And Liability In Womb Awakening Work

Screening Potential Womb Awakening Clients & Students

Clearly Setting The Limitations Of Your Work And Your Role

Referral Or Recommendation To Other Healing Professionals

When Womb Awakening Work Is Not Suitable For A Client / Student:

Psychological Factors

Emotional Factors

Health Factors



Module 3

Business And Marketing Coaching

Online Group Coaching Sessions

The Purpose Of This Module Is To Empower You Market And Deliver Womb Awakening Programs In A Variety Of Formats - And To Create A Trainee Practitioner Offering To Practice And Earn As You Train

Finding Your Ideal Womb Awakening Teaching Format

Practical And Professional Considerations When Choosing Your Teaching Format

Recommended In-Person Formats For Teaching Womb Awakening (Courses And Retreats)

Pros And Cons Of Intensive Vs Weekly Courses

Online Course Formats & Tools For Online Teaching

Pros And Cons Of In Person And Online Teaching

How To Define The Ideal Group Size For Your Work

Offering Womb Awakening As A 1-1 Course

Pricing Your Offerings

Price Guidelines For Womb Awakening Program Formats

Price Guidelines For Your Trainee Practitioner Offering

Marketing Your Womb Awakening Practice

Defining The Key Benefits Of Womb Awakening Work (Full Marketing Templates Provided)

Publicising Your Womb Awakening Programs Online (Full Marketing Templates Provided)

Using Social Media To Fill Your Courses (Full Social Media Templates Provided)

The Power Of Testimonials

The Power Of Sacred Storytelling

Defining Your Ideal Students And Clients

Where To Find And Attract Clients

Ethics Of Marketing

Making Authentic And Realistic Claims About Womb Awakening Work

What Womb Awakening Work Should Never Be Claimed To Do

Inner Abundance And Client Attraction Coaching

Working Through Wealth Blocks And Embracing Abundance

Attracting Clients And Investment Through Your Feminine Energy

Create A Trainee Practitioner Offering

Generate Practical Experience And Earnings As You Train (Required)

Launch And Market Your First Womb Awakening Program As A Trainee Practitioner

Pay Towards Your Training Fees With Trainee Teacher Work



Module 4

Sacred Womb Awakening Practitioner Level 3 **Online Group Training & Mentoring Sessions**

On-going and *individualised* mentoring and advanced facilitation support as you create and deliver your first trainee practitioner program(s). Please note that it is **REQUIRED** that you manifest a teaching practice during the 24 month program.

Level 3, Part One: Advanced Practitioner Training

Advanced Facilitation Training & Leadership Mentoring

Adapting Your Teaching To Different Learning Styles

Holding Safe Space For Shadow Work, Trauma And Catharsis

Challenging Victimised Perspectives And Dissolving The Inner Victim

Pre-Empting And Disarming Projection, Resistance And Judgement

Challenging Disassociation And Avoidance In Clients

Intuitive Skills: Deep Listening And Laser Sharp Feedback

Healing Reactions And How To Manage Them

How To Manage Healing Crises Within A Group Context And With 1-1 Clients

Possible Effects And Outcomes Of Doing Womb Work Including:

Healing Crises

Catharsis

Trauma Memory Release

Kundalini Awakening

Integrate Womb Awakening With Existing Modalities And Practices

Integrate Womb Awakening Into Your Existing 1-1 Therapeutic Practice

Integrate Womb Awakening Into Your Existing Movement Practice (Where Applicable)

Individualised Mentoring: Your Unique Teaching Style And Format

Integrate Womb Awakening Work Into Your Current Practice

Bring Your Unique Gifts And Skills To Womb Awakening Work

Defining Your Specialist Area Of Womb Practice

Individualised Mentoring: Facilitation & Leadership Support

Real Life Practitioner Challenges: On-Going Mentoring And Support



Level 3, Part Two: Your Personal Womb Journey

You Will Enjoy An Unparalleled Level Of Individualised Mentoring For Your Unique Womb And Feminine Healing Journey Within The Confidential Space Of Your Online Training Group.

Revisit Core Womb Awakening Practices

Deepening Integration And Practice Of The Core Womb Practices Taught In Level 1

Individualised Mentoring: Your Personal Womb Journey

Learn And Integrate Advanced Practices For Your Individual Healing Journey

1-1 Feedback And Intuitive Mentoring For Your Unique Shadow And Wounds

Personal Journeywork And Womb Awakening Integration

Integrating The Womb Awakening Process Physically And Emotionally

Journal Your Individual Journey Through Womb Awakening And Healing

Overcome Personal Obstacles And Challenges In The Journey To Sacred Feminine Power



Module 5

Assessment, Feedback And Certification

Online Assessment Calls

The Purpose Of This Module Is To Ensure That Your Practitioner And Facilitation Skills Have Reached The High Standards Required For You To Become A Certified Sacred Woman & Womb Awakening Practitioner - And To Give You Individualised Support In Honing Your Unique Teaching Style

Live Individualised Practitioner Evaluation And Teaching Assessments

Detailed Feedback On Teaching And Practitioner Style

Recommendations For Further Study And Practice

**Final Written Assessment
Certification
Online Ending Ceremony**



Module 6

MEDICINE WOMAN: PHOENIX RISING

Online Group Coaching Sessions

Healing Medicine Woman shadow from this and other lives

- Releasing traumas of judgement and punishment
- Releasing multi-lifetime traumas and patterns
- Releasing ancestral medicine woman trauma

Healing blocks around core healing and intuitive gifts

- Soul and power retrieval
- Reintegrating lost and forgotten medicine woman gifts

Addressing energetic boundary and energy loss issues

- Healing entanglement, boundary violation, energy drain
- Addressing and clearing toxic relationships

Identifying your unique gifts and purpose

- Soul readings and individualised guidance
- Deepening into you as a unique practitioner

Stepping up in visibility, power and confidence

- Abundance and confidence coaching
- Valuing your offerings, gifts and time



MORE INFORMATION:

<https://www.sacredwomanawakening.com/>

APPLY NOW:

[https://www.sacredwomanawakening.com/
practitioner-application](https://www.sacredwomanawakening.com/practitioner-application)

ANY QUESTIONS?

Please email Diana directly at:

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